

Northern Virginia Strategic Planning Partnership
Steering Committee
July 22, 2011

In Attendance

George Barker, *Virginia Senate*
George Braunstein, *FFC CSB*
Maximilien Del Rio, *NVMHI*
Kristen Duda, *NAMI No. Va.*
Mark Diorio, *NVTC*
Karen Friesz, *NVRPO*
Tom Geib, *Prince William CSB*
Mike Gilmore, *Alexandria CSB*

Wendy Gradison, *PRS, Inc.*
Cindy Kemp, *Arlington CSB*
Cindy Koshatka, *NVRPO*
Tom Maynard, *Loudoun CSB*
Sherry Rose, *Consumer Advocate*
Phil Ross, *NAMI-Prince William*
Debra Schuetz, *Loudoun CSB*

Handouts: Agenda, Notes from April 29, 2011 Meeting, Partnership Survey, NAMI Prince William pamphlet.

1. Welcome and Introductions

Cindy Kemp welcomed the group, and introductions were made.

2. Youth Proposal: The proposal has gone to the State. Youth mental health is a priority in order to minimize use of CCCA. C. Koshatka has forwarded this proposal to other regions who are interested in our ideas. Concerns exist regarding young adults with no housing that are falling into service gaps. Problems also exist within the legal system and CPS intervention.

Crisis Intervention Center: Some funding has been awarded by the State. Challenges exist regarding the potential facility location. The plan is to continue moving forward.

Intellectual Disabilities Crisis Stabilization Unit/Mobile Crisis Unit services: The ID CSU proposal is due by 9/1/11. A handout was distributed regarding START service elements (systemic, therapeutic, assessment, respite and treatment). Dr. Beasley is consulting and linked to the ID Directors. The program has an advisory council and a residential crisis-response model that helps to keep people in their homes and is person-centered. All five regions in the state are currently creating proposals. HPR II will use a private/public partnership. The State is expected to respond to the proposals by 11/2011, and they would like to see implementation by 1/1/12. \$5 million is available for all five regions. C. Koshatka will forward the START model description to interested parties. The Clinical Response Team project has prepared our region for this program. START works in teams of about seven, and 2-4 teams may be needed in our region.

3. New Directions

The Partnership Survey garnered minimal feedback. Suggestions included having private companies do presentations and give information regarding programs, recovery workshops with presentations, and data on success stories and outcomes. The Northern Virginia

Coalition is ID oriented and brings in experts to problem-solve relevant issues. It is cohesive and collaborative. No forum is currently set up solely for mental health. The Partnership needs a clearly-articulated identity so stakeholders will recognize its purpose. A health day was suggested as a way to attract people, provide information, and get feedback. The survey will be resent and discussed again in 10/2011.

4. Round Robin

- NVRPO: NVRPO is working on the Crisis Intervention Center and ID proposal.
- NVTC: A provider fair will be held in 9/2011.
- T. Geib: Wait lists are extensive in Prince William for people needing MH and ID services. SA is faster due to group work. Hospitalization in Prince William has increased in the last year.
- NAMI PW: A handout was distributed regarding NAMI PW and their partnership with Trillium.
- NAMI NV: NAMI NV is gearing up for fall activities. The NAMI Walk will be held on 10/1/11, and 1,000 people are expected to attend. Last year 200 people attended.
- S. Rose: Sherry spoke highly of Trillium and NMVHI Medical staff.
- PRS: PRS has expanded their home-based mental health supports for those without Medicaid through a grant in Alexandria. They are reviewing the impact of their Recovery Academy.
- M. Gilmore: Alexandria is changing their clubhouse model. Changes in Alexandria since the merger took place one year ago were discussed. The new model has one front door (call-center).
- T. Maynard: Loudoun is trying to decrease the number of people in jail due to mental illness. They are developing a CIT curriculum. The Commonwealth Attorney will assist Loudoun with lowering sentences for mentally ill people who have responded well to treatment in jail. They are not doing the cross systems mapping exercise.
- D. Schuetz: Engage the private sector and collaborate to find a greater continuum of care. A new CSU for adolescents opened in Loudoun.
- Senator Barker: The Senator is covering Fairfax, Prince William and Alexandria and is optimistic that legislature is moving in the right direction.
- C. Kemp: Arlington is looking at their children's services and system of care and bringing in a consultant.
- M. Del Rio/NVMHI: Peer run groups and recovery are being emphasized. The cultural awareness committee is being revamped. Treatment plans are being tweaked to be more person-centered. Staff are being actively recruited.

5. Next Meeting: October 28, 2011 from 1-3 p.m. Location TBD.